Objective

This document is an advising tool written by a Berkeley Study Abroad (BSA) Adviser to review program specific details that may impact a student's decision to apply for a UCEAP program. The document is not a summary of eligibility requirements, academic, housing, application and other logistical details freely available to students on the UCEAP and BSA website. If any concerns you have are not addressed on the UCEAP website or the Advising Notes document, please contact the BSA Adviser for this program.

COVID-19 Information

The COVID-19 pandemic continues to present challenges related to health concerns and international travel. UCEAP has been updating their website's Coronavirus Notice with up-to-date information. Please check this website for the most up to date information about which programs are running in the 2023-24 academic year.
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Summary of Programs

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University of Oslo

Oslo is a welcoming and bike-friendly city just minutes from nature. Compared to Berkeley, days become much shorter (and colder) in the winter and much longer in the summer. Previous program participants encourage either arriving early before the start of fall semester or staying later after spring semester to take advantage of the beautiful summer season. In addition to city activities like restaurants and cafes, hiking and camping are common activities near Oslo.

Housing

Students live in dorms and they are relatively inexpensive compared to Berkeley housing. Expect to utilize communal kitchens. There are several options of buildings that will vary in geographic location (for instance, Grunerlokka is in the city center whereas Kringsja is near the
lake and forest) and there is a wide variance of the age of buildings. Buildings may not be within walking distance to campus, and most students will bicycle to and from classes.

**Academics**

A wide variety of coursework is available in English at the University of Oslo. Classes may meet less often than at UC Berkeley, but for a longer duration. In many cases, final exams determine the course grade.

**Students with Disabilities**

Refer to [University of Oslo's disability page](#) for services available. Some services are administered by agencies outside the University of Oslo and might require proof of permanent resident status in Norway. University of Oslo’s [building maps](#) include accessibility information.

All students are welcome to take advantage of [mental health resources](#) at University of Oslo.

Review how to request disability related accommodations on the [I am a Student with a Disability page](#).

**Student Life**

Program alumni encourage putting oneself out there in order to make Norwegian friends and taking advantage of the Erasmus activities for planned trips. Oslo offers convenient public transportation, and short distances make it easy to get around by walking or biking.

All new international students are automatically signed up for a [buddy group](#). Most events and activities during the semester start will be organized by the buddy leader at your faculty. With your buddy group you will make friends, get the opportunity to take part in several enjoyable events, and get to know your faculty and the campus.

**Working Abroad**

Students with a residence permit are allowed to work up to 20 hours per week in Norway.

**Oslo Summer**

Enjoy the long days of Norwegian summer while taking courses at the University of Oslo’s International Summer school. Note that you will be in classes and living with students from countries outside of Norway, so this is a great program to make friends from all over the world.

Students with disabilities should consider that many UiO services may not be available during the summer, including but not limited to summer housing which is not wheelchair accessible. In
addition, since students are not on a residence permit during the summer, they are unable to work while participating in the Oslo Summer program.

LGBTQIA+ Identifying Students

Threat to safety towards the LGBTIQ community is minimal. Societal tolerance ranges from tolerant to accepting. Review tips and resources for LGTBQIA+ Identifying Students.